

POMODORO CHECKLIST

Work Duration: _____ Short Break Duration: _____ Long Break Duration: _____

- | | |
|--|--|
| <input type="radio"/> Work on: _____ | <input type="radio"/> Work on: _____ |
| <input type="radio"/> Take a short break | <input type="radio"/> Take a short break |
| <input type="radio"/> Work on: _____ | <input type="radio"/> Work on: _____ |
| <input type="radio"/> Take a short break | <input type="radio"/> Take a short break |
| <input type="radio"/> Work on: _____ | <input type="radio"/> Work on: _____ |
| <input type="radio"/> Take a long break | <input type="radio"/> Take a long break |
| <input type="radio"/> Work on: _____ | <input type="radio"/> Work on: _____ |
| <input type="radio"/> Take a short break | <input type="radio"/> Take a short break |
| <input type="radio"/> Work on: _____ | <input type="radio"/> Work on: _____ |
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